



MISSOURI DEPARTMENT OF LABOR AND INDUSTRIAL RELATIONS
DIVISION OF EMPLOYMENT SECURITY

SELF-EVALUATION QUESTIONNAIRE

1. Have you worked since you filed for unemployment insurance benefits? (This includes full-time work, part-time work, or temporary work.) ☐ Yes ☐ No
If "Yes," when?
2. Please provide your rate of pay on your last job.
3. How much experience did you have on that job? (Please provide the number of years and months.)
4. Are you looking for full-time work, part-time work, or both?
5. What type of work are you seeking?
6. What hours are you available for work?
7. What is the lowest pay acceptable?
8. What type of transportation do you have to get to a job?
9. How many miles are you willing to travel to a job (one way)?
10. Do you attend or plan to attend school or training?
11. Are you self-employed? ☐ Yes ☐ No
If "Yes," please provide the number of hours worked per week.
12. Do you have limitations that may keep you from performing the type of work that you are seeking?
☐ Yes ☐ No If "Yes," please explain.
13. Do you have dependent(s) that require supervision during work hours? ☐ Yes ☐ No
If "Yes," will you be able to make arrangements for the dependent(s) if you are offered work?

Name _____

Date _____

(OVER)



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WORK SEARCH RECORD

Name	Social Security Number
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Keep a list of all the employers and labor unions you contact each week while claiming unemployment benefits. Make at least as many contacts each week as you were instructed when you first filed. **You must bring your completed "Work Search Record" with you when you report for your Reemployment and Eligibility Assessment interview.** You can get another copy of this form by visiting: www.labor.mo.gov/DES/Forms/4633-AI.pdf or you may use your own sheet.

Date of Contact	Employer's Name, Address, and Phone Number	Method of Contact*	Name/Title of Person Contacted	Position Applied For	Was Application Taken?	Result of Contact
1-25-09	ABC Company - 829 Juniper Kansas City, MO 64111 816-555-1221	I	Eric Dean, Manager	Warehouse	Yes	Check back in Feb.

* T - Telephone P - In Person R - Sent Resumé I - Internet